



Singapore Society of  
Anaesthesiologists

**Baxter**

**CARE**

**Collaborative Approach towards Recovery Excellence**  
**– Surgeon & Anaesthesiologist perspectives**

**Singapore**



**RSVP by 6 August 2018**

**Please contact Ivonne Guo @ 98286091 or Cecilia Cheng @ 91467202**

**Monday, 13<sup>th</sup> August 2018**  
**Marina Mandarin Singapore**  
**Room : Libra/ Gemini**  
**(Level 1)**  
**6.30pm – 10.00pm**



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<b>Program</b>		
<b>Time</b>	<b>Topic</b>	<b>Speaker</b>
6.00pm to 6.15pm	Registration	
6.30pm to 6.45pm	Welcome address	Dr Jonathan Tan
7.00pm to 7.45pm	Enhanced Recovery After Surgery Elements: An Update	Prof Girish Joshi
7.45pm to 8.15pm	Enhanced Recovery After Surgery: Surgical Perspective	Dr. How Kwang Yeong (Colorectal Surgeon, Tan Tock Seng Hospital)
8.15pm to 8:30pm	Group Photograph and Tea Break	
8.30pm to 9.45pm	Enhanced Recovery After Surgery: Emphasis on Intraoperative Care	Prof Girish Joshi
9.45pm to 10.00pm	Vote of thanks	Dr Jonathan Tan

# Meet CARE speakers

Girish P. Joshi, MBBS, MD, FFARCSI is a Professor of Anesthesiology and Pain Management at the University of Texas Southwestern Medical School in Dallas, Texas. He is an attending staff member with the Parkland Health and Hospital System, Dallas, Texas. Dr. Joshi received his medical degree (Bachelor of Medicine and Bachelor of Surgery, M.B.B.S.) and Doctor of Medicine (M.D.) in anesthesiology from B. J. Medical College at the University of Pune, India. He received his fellowship in anesthesiology (F.F.A.R.C.S.I.) from the College of Anaesthetists, Royal College of Surgeons, Ireland, and then received a M.D. degree from the University College Dublin, Ireland. He is a diplomate of the American Board of Anesthesiology.

Dr. Joshi has authored or co-authored numerous peer-reviewed journal articles and editorials. He is a Senior Editor for Anesthesia & Analgesia and a Section Editor for UpToDate. He performs reviews for several prestigious journals. Dr. Joshi has made numerous presentations as a visiting professor and invited speaker at several National and International conferences.

Dr. Joshi is an active member of many professional societies, including the American Society of Anesthesiologists (ASA), Texas Society of Anesthesiologists (TSA), International Anesthesia Research Society (IARS), Society For Ambulatory Anesthesia (SAMBA), Society of Anesthesia and Sleep Medicine (SASM), Accreditation Association for Ambulatory Healthcare Centers (AAAHC) and Accreditas Global. He is the Past President of SAMBA and SASM, and the President of TSA. He serves on the Board of Directors of TSA, SASM, and Accreditas Global. He is the chair of the SAMBA committee on guidelines development. He is also a member of the Procedure Specific Pain Management (PROSPECT) Group, which is an international collaboration of anesthesiologists and surgeons that formulates evidence-based procedure specific pain management recommendations. In addition, the Prospect group is the Think Tank contributing to European Society of Anesthesiologists vision on perioperative medicine.



**Prof Girish Joshi**



**Dr. How Kwang Yeong**

Dr How is a consultant surgeon in the Colorectal Service of the General Surgery Department, Tan Tock Seng Hospital.

He graduated from Yong Loo Lin School of Medicine (National University of Singapore) in 2007 and obtained his postgraduate masters of medicine degree in 2013. He exited as a fellow of the Royal College of Surgeons of Edinburgh and entered into the register of specialists in Singapore in 2014.

Dr How specializes in minimally invasive techniques for the treatment of colon and rectal conditions. His interests include colorectal cancers and inflammatory bowel disease. In addition, he is also trained in surgery for advanced and recurrent pelvic cancers, having completed his overseas fellowship in Royal Prince Alfred Hospital in Sydney under Professor Michael Solomon.

Dr How is a strong advocate for Enhanced Recovery After Surgery(ERAS), a program which focuses on evidenced based, multidisciplinary, perioperative protocols for faster recovery from major surgery. He played a pivotal role in establishing the ERAS program in Tan Tock Seng Hospital, which is one of only 2 Centres of Excellence in recognized in Asia by the international ERAS Society. He is currently Chairperson of the TTSH ERAS program and has been invited to speak on ERAS in multiple conferences in the region.

Besides clinical work, he is also involved in the training of medical students and surgical residents. He is core clinical faculty in the surgical residency program, clinical lecturer for both Yong Loo Lin School of Medicine (National University of Singapore) and Lee Kong Chian School of medicine (Nanyang Technological University).